



Disability Directory

This publication is designed to draw together details of the wide range of organisations who offer support and services to members of the community who may need assistance in improving their quality of life



ALZHEIMER'S SOCIETY, BLACKWATER VALLEY BRANCH

CONTACT	Ms K Mainstone
ADDRESS	Suite 2, Stuart House, Plantation Row, Camberley; Surrey; GU15 3ER
TELEPHONE	01276 670071
E-MAIL	bvalzheimers@yahoo.co.uk
WEBSITE	alzheimers.org.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	The Branch provides a quarterly newsletter, a lending library, various social activities, two monthly support groups (Fleet & Sandhurst) and the services of an outreach worker.
POTENTIAL USERS	People with Dementia, their carers and families. Professionals in health and social care.

ACCESSIBLE BOATING ASSOCIATION

CONTACT	Ann Paine
ADDRESS	52 Kings Road, Fleet, Hampshire GU51 3AQ
TELEPHONE	01252 614125 or Boating Manager - 01252 622520
E-MAIL	accessibleboating@talktalk.net
WEBSITE	www.accessible boating.org.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	One day boat (for up to 12 people) and one holiday boat (for up to 7 people). Both boats have access ramps and lifts for wheelchairs. A "steerer" is provided for the Day Boat if required.
POTENTIAL USERS	Any disabled individual or group. Carers are expected to accompany them.

ALDERSHOT NEIGHBOUR CARE

CONTACT	Kathleen Beauchamp - Co-ordinator
ADDRESS	258 Lower Farnham Road, Aldershot, Hampshire GU11 3RB
TELEPHONE	01252 344244
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Transport for the elderly, unable to use public transport
POTENTIAL USERS	As above

ALDERSHOT RIDING FOR THE DISABLED ASSOCIATION

CONTACT	Mrs Rachel Plumbe
ADDRESS	Cron dall House, Crookham Village, Fleet, Hampshire GU51 5SY
TELEPHONE	01252 850282
E-MAIL	rachelplumbe@googlemail.com
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Therapeutic riding for disabled children
POTENTIAL USERS	Those with physical and learning difficulties. Must be able to walk, with help. Must have clearance from a medical practitioner and be under 7 stone in weight

CAMBERLEY DISTRICT OPEN MIND ASSOCIATION

CONTACT	Jeanette Scott
ADDRESS	n/a
TELEPHONE	01252 878205
E-MAIL	jeanetteescott@aol.com
WEBSITE	n/a
MEETING ADDRESS	Frimley Green Football Club, Frimley Green Recreation Ground, Frimley Green Road, Frimley Green, Camberley, Surrey GU16 6JY
SERVICES PROVIDED	Day Centre: Tuesday 10.00am to 12.00 pm Thursday 10.00am to 12.00 pm Friday 10.00am to 1.00 pm
POTENTIAL USERS	People with mental health problems

CONTACT A FAMILY

CONTACT	Cay Byford
ADDRESS	10 Brecon Close, Cove, Farnborough, Hampshire GU14 9JH
TELEPHONE	n/a
E-MAIL	cay.byford@cafamily.org.uk
WEBSITE	cafamily.org.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	Information and advice for all parents and carers (including professionals) of all children with disabilities
POTENTIAL USERS	All disabilities affecting children

DIABETES UK, BLACKWATER VALLEY SUPPORT GROUP

CONTACT	Colin Rowe
ADDRESS	72 Tudor Drive, Yateley, Hampshire GU46 6DF
TELEPHONE	n/a
E-MAIL	rowe72@ntlworld.com
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Information on Diabetes - we have speakers at our general meeting. We give advice, help & support wherever possible and issue a regular group newsletter
POTENTIAL USERS	People with diabetes or their carers and relatives. Some of our members do not have diabetes but are husbands / wives who have diabetes

DISABILITY CHALLENGERS

CONTACT	Paul Wilson
ADDRESS	Disability Challengers Farnham, St. James Avenue, Farnham, Surrey GU9 9QF
TELEPHONE	01483 230571
E-MAIL	paulwilson@disability-challengers.org
WEBSITE	www.disability-challengers.org
MEETING ADDRESS	n/a
SERVICES PROVIDED	We provide play and leisure activities for disabled children and young people aged 4 to 12
POTENTIAL USERS	We are open for any disabled young person. We would not exclude someone because of their impairment

THE ELDERS CLUB, AGE CONCERN, ALDERSHOT

CONTACT	David Chatterton
ADDRESS	32 Church Avenue, Farnborough, Hampshire, GU14 7AT
TELEPHONE	01252 660164
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	Place Court, Pool Road, Aldershot, Hampshire GU11 2SU
SERVICES PROVIDED	Lunch Club - Tuesdays & Thursdays
POTENTIAL USERS	Most of the members are able bodied, but we can cope with a limited number of wheelchairs

FARNBOROUGH & DISTRICT SPEAKABILITY GROUP

CONTACT	Mrs Jan Thompson
ADDRESS	20 Rorkes Drift, Mytchett, Camberley, Surrey, GU16 6ED
TELEPHONE	01252 515898
E-MAIL	jan243@btinternet.com
WEBSITE	n/a
MEETING ADDRESS	Farnborough Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
SERVICES PROVIDED	Social Group for stroke people and carers
POTENTIAL USERS	Apshia, Stroke problems, communication and returning to social skills

FARNBOROUGH TALKING NEWSPAPER

CONTACT	Tricia Nutt
ADDRESS	353 Farnborough Road, Farnborough, Hampshire GU14 8AY
TELEPHONE	01252 540865
E-MAIL	farnborough_tnc@ntlworld.com
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Access to local newspapers for the visually impaired via recorded medium (primarily tape cassette)
POTENTIAL USERS	Visually Impaired

FARNBOROUGH & DISTRICT PARKINSON'S DISEASE SOCIETY

CONTACT	Mrs Lyn White (Secretary)
ADDRESS	1 Bell Close, Farnborough, Hampshire GU14 8BS
TELEPHONE	01252 657027
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	Shawfield Day Centre, Shawfield Road, Ash
SERVICES PROVIDED	Help & support of people with Parkinson's and their carers - on a social level. Meetings held monthly - 3rd Tuesday from 7.30 pm to 9.30 pm
POTENTIAL USERS	People with Parkinson's

FARNBOROUGH MULTIPLE SCLEROSIS SOCIETY

CONTACT	Mrs Patricia Everard
ADDRESS	"Red Tiles", 15 Manor Road, Farnborough, Hampshire GU14 7EX
TELEPHONE	01252 655417
E-MAIL	patricia_everard@hotmail.com
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Respite Care, Transport, Support, Social Activities
POTENTIAL USERS	All folk with MS and those affected by MS

FARNBOROUGH DEAF & SIGNING CLUB

CONTACT	Judith Hilary
ADDRESS	c/o Elles Hall Community Centre, Meudon Avenue, Farnborough GU14 7LE
TELEPHONE	0788 6013181
E-MAIL	judithhs@hotmail.com
WEBSITE	n/a
MEETING ADDRESS	Elles Hall Community Centre. Generally the 2nd Friday of the month at the community centre from 7 till 10:30pm but some variations do occur please contact Secretary for full programme details
SERVICES PROVIDED	Social gathering for deaf and BSL users
POTENTIAL USERS	Those who are deaf or use BSL

FARNBOROUGH NEIGHBOUR CARE

CONTACT	Terri Willcocks
ADDRESS	NeighbourCare, The Triangle, 64 Queensmead, Farnborough, Hampshire GU14 7SL
TELEPHONE	01252 371199
E-MAIL	neighbourcare@ntlworld.com
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Transport to medical appointments, mainly for older people, who are unable to use public transport
POTENTIAL USERS	Mainly older people who are unable to drive themselves or use public transport services

CONTACT

ADDRESS

TELEPHONE

E-MAIL

WEBSITE

MEETING

ADDRESS

SERVICES PROVIDED

POTENTIAL USERS

GUIDE DOGS FOR THE BLIND (LOCAL BRANCH)

CONTACT	Dorothy B Heys
ADDRESS	26 Ashley Road, Farnborough, Hampshire GU14 7HA
TELEPHONE	01252 545600
E-MAIL	dorothyheys@btinternet.com
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Fund raising
POTENTIAL USERS	Blind and partially sighted people to get help with mobility, either with a Guide Dog or long cane etc...

HART HERONS DISABLED SWIMMING CLUB

CONTACT	Carole Johnson - Hon Secretary
ADDRESS	12 Trefoil Close, Hartley Wintney, Hook, Hampshire RG27 8TS
TELEPHONE	01252 842859
E-MAIL	pgj@waitrose.com
WEBSITE	n/a
MEETING ADDRESS	Hart Leisure Centre, Hitches Lane, Fleet, Hampshire GU51 5HS
SERVICES PROVIDED	Recreational swimming for disabled people and their families. Sundays 5.00pm to 6.10 pm
POTENTIAL USERS	All types of disability are supported. Hoist available for entry to main pool

INSIGHT

CONTACT	Sarah Lees
ADDRESS	n/a
TELEPHONE	01252 332684
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	Willems Park (Brewers Fayre nr Tesco's), Aldershot
SERVICES PROVIDED	Monthly meeting (last Monday of the month) from 8.00 pm. For Parents of ASD children (<i>please ring to confirm first</i>)
POTENTIAL USERS	Parents of children with Autistic Spectrum Disorders

HAMPSHIRE LUPUS GROUP

CONTACT	Tina Stemp
ADDRESS	36 Gillian Avenue, Aldershot, Hampshire GU11 4HT
TELEPHONE	01252 323987
E-MAIL	tina.stemp@tiscali.co.uk
WEBSITE	lupusuk.org.uk
MEETING ADDRESS	Twyford Parish Hall, Twyford, Winchester
SERVICES PROVIDED	Contact and support for people with Systemic Lupus Erythematosus
POTENTIAL USERS	Systemic Lupus Erythematosus (SLE) Discoid Lupus Sun sensitivity sufferers

MS SUPPORT & THERAPY GROUP (FARNBOROUGH & DISTRICT)

CONTACT	Andrea Ballard
ADDRESS	13 Pondtail Road, Fleet, Hampshire GU51 3JJ
TELEPHONE	01252 616451
E-MAIL	ajballard@talktalk.net
WEBSITE	n/a
MEETING ADDRESS	Farnborough Community Centre, Elles Hall, Meudon Avenue, Farnborough Hampshire GU14 7LE
SERVICES PROVIDED	Meetings, most Thursday mornings for tea, coffee, lunch; a therapy session (yoga, fitness exercises, {seated} shoulder massage, reflexology or reikila chat + fun + laughter. Plus, once a quarter, a visit to a local place of interest.
POTENTIAL USERS	Those with MS (multiple sclerosis). Members include those in wheelchairs or who use walking frames / scooters, sticks or walk unaided. Mixed Group.

NATIONAL AUTISTIC SOCIETY - HART & RUSHMOOR

CONTACT	Nikki Smith
ADDRESS	26 Fleet Road, Farnborough. Hampshire GU14 9RA
TELEPHONE	n/a
E-MAIL	nikki@nashandr.org
WEBSITE	www.nashandr.org
MEETING ADDRESS	Various
SERVICES PROVIDED	We hold regular meet-ups for parents/carers of those on the autistic spectrum. During school holidays we also run activities for children & young people with autism to attend with their families
POTENTIAL USERS	Autistic Spectrum Disorders (ASDs) Aspergers Syndrome, High Functioning Autism + those with "traits" and similar conditions

OAK FARM LEISURE & ACTIVITIES CLUB (OFLAC)

CONTACT	Jan Tart - Co-ordinator
ADDRESS	Oak Farm Community School, Ballantyne Road, Farnborough, Hampshire GU14 8SS
TELEPHONE	0778 778 3903
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	Community Hall, Oak Farm Community School
SERVICES PROVIDED	Monday & Friday leisure & activity. Group Promoting independence. Increasing confidence & life skills, making friends, Drama, Dance, Computers, Arts & Crafts
POTENTIAL USERS	Young adults with learning disabilities

OPEN SIGHT - FARNBOROUGH BRANCH (HAMPSHIRE ASSOCIATION FOR THE CARE OF THE BLIND)

CONTACT	W W Wright - Secretary
ADDRESS	79 Prospect Road, Farnborough, Hampshire GU14 8NT
TELEPHONE	01252 665159
E-MAIL	billwwright@ntlworld.com
WEBSITE	n/a
MEETING ADDRESS	Blunden Hall, Blunden Road, Farnborough Hampshire
SERVICES PROVIDED	Social Club - 2nd & 4th Mondays in the month @ Blunden Hall between 2.00pm & 4.00pm. Summer & Autumn outings - normally to the seaside. Christmas Lunch & New Year party. Transport to and from the Club; visiting @ home and "in hospital"
POTENTIAL USERS	Those who are blind or visually handicapped in any way. They do not have to be formally registered to avail themselves of our services

OPEN SIGHT - ALDERSHOT BRANCH (HAMPSHIRE ASSOCIATION FOR THE CARE OF THE BLIND)

CONTACT	Mrs Carol P Edgoose
ADDRESS	11 Highfield Avenue, Aldershot Hampshire GU11 3BY
TELEPHONE	n/a
E-MAIL (HQ)	info@opensight.org.uk
WEBSITE (HQ)	www.opensight.org.uk
MEETING ADDRESS	Crossover, Holy Trinity Church, Aldershot
SERVICES PROVIDED	Services to the Blind & partially sighted.
POTENTIAL USERS	Mainly elderly with sight problems. Due to prevalence of age-related macular degeneration our service users have walking difficulties, deafness, short term memory loss and other disabilities.

PARENTS ACTION GROUP (PAG) FOR SPECIAL PLAY

CONTACT	Heather Chalkley
ADDRESS	6 Kempton Court, Farnborough, Hampshire GU14 0DT
TELEPHONE	n/a
E-MAIL	info@pagforspecialplay.co.uk
WEBSITE	www.pagforspecialplay.co.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	Termly - music, art dance & drama sessions for 9 to 16 year olds. Various activities for all special needs children
POTENTIAL USERS	All disabilities and special needs for children and young people

PARITY FOR DISABILITY

CONTACT	Alison Cooper
ADDRESS	94 Whetstone Road, Cove, Farnborough, Hampshire GU14 9SX
TELEPHONE	01252 375581
E-MAIL	info@parityfordisability.org.uk
WEBSITE	www.parityfordisability.otg.uk
MEETING ADDRESS	Two Day Centres - one in Farnborough and one in Camberley
SERVICES PROVIDED	Day services for adults (aged 18 - 40)with multiple disabilities. Easter & Summer Teenage activity schemes for profoundly disabled teens. A music therapy service that helps people with severe disabilities overcome a range of difficulties
POTENTIAL USERS	We are dedicated to ensuring that people with multiple disabilities have access to the same quality of life that everyone has a right to enjoy. We provide one-to-one support from trained staff in all activities

PARKSIDE - ALDERSHOT & DISTRICT MENCAP

CONTACT	Suzanne Watkins - Manager Support Services
ADDRESS	Parkside, Guildford Road, Aldershot Hampshire GU12 4BP
TELEPHONE	01252 313103
E-MAIL	parkside57@btconnect.com
WEBSITE	www.parksidealdershot.co.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	1 to 1 support worker scheme (adults & children) PIP Scheme - Adult Day Service Take-A-Break scheme; Adults Gateway Club, Adults sitting service, Saturday Club, Teenage Club, After School Club. Summer Play scheme - Children
POTENTIAL USERS	Learning Disabilities and all associated Special Needs

RUSHMOOR ACCESS GROUP

CONTACT	Owen Durrett
ADDRESS	3 Queens Road, Fleet, Hampshire GU52 7LA
TELEPHONE	01252 816416
E-MAIL	owen.durrett@ntlworld.com
WEBSITE	n/a
MEETING ADDRESS	Rushmoor Borough Council Offices
SERVICES PROVIDED	Advice, guidance and consultation with all issue relating to accessibility of services
POTENTIAL USERS	The population of Rushmoor

RUSHMOOR HEALTHY LIVING

CONTACT	Tony Docker
ADDRESS	Suite 9, Rushmoor Business Centre, Kingsmead, Farnborough, Hampshire GU14 7SR
TELEPHONE	01252 362660
E-MAIL	admin@rushmoorhealthyliving.org.uk
WEBSITE	www.rushmoorhealthyliving.org.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	Anything related to health improvement e.g. Exercise classes, health trainers, energy adviser etc...
POTENTIAL USERS	Everyone - no exclusions. Services can be tailored to suit most disabilities if required

RUSHMOOR VOLUNTARY SERVICES

CONTACT	Sue Hathaway
ADDRESS	Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
TELEPHONE	01252 540162
E-MAIL	sue@rvs.org.uk
WEBSITE	www.rvs.org.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	Dial a Ride transport services; Door to Door Transport service for people unable to use public transport. Accessible minibuses available to hire to members groups enabling disabled people to travel in groups to meetings / outings / events. Also recruit volunteers to support disability groups in Rushmoor.
POTENTIAL USERS	Disabled, Frail and Elderly

RUSHMOOR VOLUNTARY SERVICES - HOME HELP

CONTACT	Sue Homer - Manager
ADDRESS	Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
TELEPHONE	01252 370500
E-MAIL	homehelp@rvs.org.uk
WEBSITE	www.rvs.org.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	Essential housework and shopping for which a charge is made
POTENTIAL USERS	Elderly and people with disabilities

RUSHMOOR MALLARDS

CONTACT	Jon Ball
ADDRESS	2 Dinorben Close, Fleet, Hants, GU52 7SW
TELEPHONE	01252 627021
E-MAIL	secretary@rushmoormallards.org.uk
WEBSITE	www.rushmoormallards.org.uk
MEETING ADDRESS	Farnborough Leisure Centre, Westmead, Farnborough, Hants, GU14 7LD
SERVICES PROVIDED	We provide a variety of sports (including cricket, badminton, swimming, wheelchair basketball, football, boccia, new age kurling). We also hold a number of social events throughout the year
POTENTIAL USERS	Anyone with a physical and / or learning disability along with their friends and family

SERVICES IN SIGN LANGUAGE

CONTACT	Susan Bloomfield
ADDRESS	Diocesan House, Quarry Street, Guildford, Surrey. GU1 3XG
TELEPHONE	01483 235136
E-MAIL	susan.bloomfield@cofeguildford.org.uk
WEBSITE	http://cofeguildford.org.uk
MEETING ADDRESS	The Church of the Good Shepherd Sandhill, Farnborough, GU14 8ER On the 3rd Sunday of every month at 4pm
SERVICES PROVIDED	Church worship
POTENTIAL USERS	Those with hearing difficulties

SANDHURST DAY CENTRE

CONTACT	Diane Mayhew
ADDRESS	Yorktown Road, Sandhurst, Berkshire Gu47 9BJ
TELEPHONE	01252 877601
E-MAIL	sandhurstdaycentre@talktalkbusiness.net
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Day Centre for older people providing physical and mental stimulation, activities. Also preventing isolation
POTENTIAL USERS	Learning Disabilities; memory impairment; Parkinson's; Wheelchair users and tripods walking frames

STROKE ASSOCIATION

BLACKWATER VALLEY COMMUNICATION SUPPORT GROUP

CONTACT	Lynda Newman
ADDRESS	Oakhill Cottage, Moons Hill, Frensham, Surrey GU10 3AW
TELEPHONE	01252 794070
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	Farnborough Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
SERVICES PROVIDED	Volunteers help Stroke people with speech and communication problems.
POTENTIAL USERS	Stroke people with communication problems

SUPPORTERS OF THE DAY APPEAL

CONTACT	Mrs R Chapman
ADDRESS	20 Goodings Green, Wokingham, Berkshire, RG40 15B
TELEPHONE	0118 978 7405
E-MAIL	n/a
WEBSITE	n/a
MEETING ADDRESS	n/a
SERVICES PROVIDED	Social Activities, Days Out, Weekend away for the Residents & workers at Yateley Industries for the Disabled
POTENTIAL USERS	Wheelchair users and those with learning disabilities

YATELEY INDUSTRIES FOR THE DISABLED LTD

CONTACT	Sandra McLarry
ADDRESS	Yateley Industries for the Disabled Ltd, Mill Lane, Yateley Hampshire, GU46 7TF
TELEPHONE	01252 872337
E-MAIL	sandramclarry@aol.com
WEBSITE	www.yateleyindustries.co.uk
MEETING ADDRESS	n/a
SERVICES PROVIDED	Housing, employment & training
POTENTIAL USERS	Learning; physical; mental; ages 16 - 65 onwards



CONTACT

ADDRESS

TELEPHONE

E-MAIL

WEBSITE

MEETING

ADDRESS

SERVICES PROVIDED

POTENTIAL USERS



CONTACT

ADDRESS

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E-MAIL

WEBSITE

MEETING

ADDRESS

SERVICES PROVIDED

POTENTIAL USERS

NOTES

This is the first edition of the directory and it is aimed to draw together a list of contacts for individuals, their families and carers.

It is aimed to assist improving the quality of life for individuals who may have some difficulties.

If you are aware of any other voluntary support Group that offers services to help people suffering from any condition that inhibits their lifestyle - please ask them to contact the author (*address on the back cover*) so that they can be included in the next issue.

Further copies, including in a large print format, are available by contacting the Rushmoor Access Group (*contact details overleaf*)



**Published by
Rushmoor Access Group**

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GU52 7LA

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**Working together to provide
accessibility for all.**

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Any errors, omission or additions to this directory should be notified to:

The Administrator, The Rushmoor Access Group at the above address