



**Keep this card with you at all times
you are out of the house.**

September 2010

Carer's **EMERGENCY CARD**

I am the Carer

First name only: _____

Telephone: _____

and I care for

First name only: _____

Telephone: _____

who cannot manage without help.

In the event of my accident or illness then please call either of the two contacts below who will know what to do. Thank you.

Contact 1 Name: _____

Address: _____

Telephone: _____

Contact 2 Name: _____

Address: _____

Telephone: _____

I have a Carer's Emergency Plan Numbered PRT/_____
Held by Princess Royal Trust for Carers **0845 604 1577**